**Psychology Study Guide for Final Exam**

***Lap 1***

1. What is psychology?
   1. Is the scientific study of behavior
   2. Is the scientific study of behavior and mental processes
   3. Is the act of studying dreams and the mind
   4. Is the act of acquiring knowledge about the mind and behavior
   5. I have no idea and should have studied way more
2. What are the goals of psychology? **Mark all that apply. There will be more than one.** 
   1. Description
   2. Evaluation
   3. Explanation
   4. Theory
   5. Influence
3. A hypothesis is a(n) \_\_\_\_\_\_\_\_\_\_ about some phenomenon.
   1. Guess
   2. Educated guess
   3. Principle
   4. Scientific experiment
   5. No answer fits
4. In order, assemble the parts of the scientific method. Number them 1 – 6 in the correct order.

Question \_\_\_\_\_\_\_\_\_\_

Theory \_\_\_\_\_\_\_\_\_\_

Results \_\_\_\_\_\_\_\_\_\_

Hypothesis \_\_\_\_\_\_\_\_\_\_

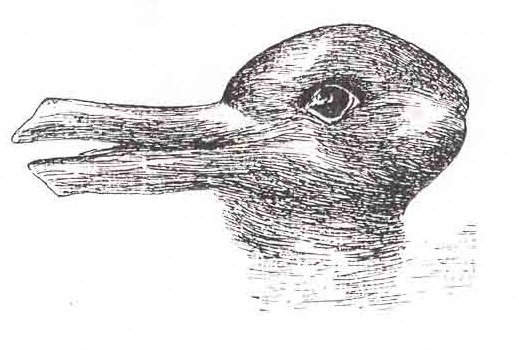
Experiment \_\_\_\_\_\_\_\_\_\_

Conclusions \_\_\_\_\_\_\_\_\_\_

Match each item in Column A with the items in Column B. Write the correct letters in the blanks.

|  |  |
| --- | --- |
| **Column A** | **Column B** |
| \_\_\_\_\_ **5.** A psychologist who studies the basic elements of conscious mental experiences  \_\_\_\_\_ **6.** A psychologist who analyzes observable behavior and studies conditioning and reinforcement  \_\_\_\_\_ **7.** A psychologist who studies how unconsciousmotives and conflicts determine human behavior  \_\_\_\_\_ **8.** A psychologist who studies how mental processes help people and animals adapt to their environment  \_\_\_\_\_ **9.** A psychologist who studies the effects that physical and chemical changes have on behavior | A. Behaviorist  B. Functionalist  C. Structuralist  D. Psychobiologist    E. Psychoanalyst |

1. The first modern psychologist who was primarily interested in understanding the unconscious mind was
   1. Wilhelm Wundt
   2. Sir Francis Galton
   3. Sigmund Freud
   4. Ivan Pavlov
   5. No idea
2. The branch of psychology that emphasizes that perception is more than the sum of its parts is
   1. Functional psychology
   2. Gestalt psychology
   3. Behavioral psychology
   4. Perceptual psychology
   5. I am so lost…and scared
3. The picture is an example of what type of psychology



* 1. Behaviorist
  2. Gestalt
  3. Psychoanalyst
  4. Functionalist
  5. Structuralist

1. Would a Structuralist and a Functionalist get along if they were left alone in a room to discuss psychology related topics?
   1. Yes, they would get along!
   2. No, they would not get along at all!

**Matching**

Match each item in Column A with the items in Column B. Write the correct letters in the blanks.

|  |  |
| --- | --- |
| **Column A** | **Column B** |
| \_\_\_\_\_ **14.** Situation in which the researcher’s expectations influence the researcher’s own behavior, and thereby influence the participant’s behavior.  \_\_\_\_\_ **15.** Experiment in which neither the experimenter nor the participants know which participants received which treatment  \_\_\_\_\_ **16.** Experiment in which only the participants are unaware of which participants received treatment  \_\_\_\_\_ **17.** Receives a placebo during an experiment to test a new drug  \_\_\_\_\_ **18.** Change in participant’s illness that results from a belief that the treatment will have an effect | A. Single-blind experiment  B. Double-blind experiment  C. Control group  D. Placebo effect    E. Self-fulfilling prophecy |

1. In an experiment a researcher’s \_\_\_\_\_\_\_\_\_ may produce non-representative results.
   1. Expectations
   2. Behavioral cues
   3. Techniques
   4. All of the above
   5. I am so lost it isn’t even funny
2. The results of the Milgram experiment implies that individuals could easily inflict pain on others if such orders were issued by a
   1. Trusted friend
   2. Volunteer researcher
   3. Respected authority
   4. None of the above fit
   5. Probs gonna cry soon
   6. I hope this isn’t my grade
3. The image below is more closely tied to what approach to psychology?



* 1. Psychoanalyst
  2. Cognitive
  3. Behaviorist
  4. Gestalt
  5. Functionalist

How do you know this?

In the blank at the left of each description, write the letter of the term that matches the description. Not all terms will be used.

1. Hypothesis
2. Experimental group
3. Case study
4. Independent variable
5. Placebo effect
6. Experiment
7. Self – Fulfilling Prophecy
8. Standard Deviation
9. Sample
10. Control Group
11. \_\_\_\_\_ A situation on which the experimenter’s expectations influence the participant’s behavior.
12. \_\_\_\_\_ The portion of the sample to which an independent variable is applied.
13. \_\_\_\_\_ In testing a cause – and – effect relationship, it is manipulated or controlled by the researcher.
14. \_\_\_\_\_ A change in the participant’s behavior that does not result from the actual treatment but from the perceived benefit of that treatment.
15. \_\_\_\_\_ The portion of the sample to which the independence variable is not applied.
16. \_\_\_\_\_ An educated guess about the relationship between variables.

***Lap 2***

1. What is stress?
2. What in your life stresses you out? Why? How could you go about fixing it?
3. Stress has many components. Explain to me what the below three are.
   * Stressor
   * Negative stress
   * Positive stress
4. What are **hassles** and **uplifts**?
5. What is **normal**? **Abnormal**?

***Lap 3***

1. Define to the best of your ability what Classical Conditioning is.
2. Define to the best of your ability what Operant Conditioning is.
3. Explain in a sentence or two what the similarities and differences are between Classical and Operant Conditioning.
4. How are memories stored? Remember there are three steps. Be sure and explain what these three steps are.
5. Explain what short – term memory is.
6. Explain what long – term memory is.
7. How do you store memories in your long term memory? Think about the example we used when we discussed memories when you were younger.
8. How do you learn best: Visual, Auditory, or Kinesthetic?

1. How do you know? Please be as specific as possible.

***Lap 4***

1. Review **ALL** quizzes on for Lap 4.
2. Be able to describe the relationship between the:
   1. Id
   2. Ego
   3. Superego
3. Be able to define the following defense mechanisms:
   1. Rationalization
   2. Repression
   3. Denial
   4. Projection
   5. Reaction formation
   6. Regression
   7. Displacement
   8. Sublimation
4. What does reinforcement have to do with behavior?
5. Maslow’s hierarchy of needs.